



Friends and Family Nice Information

We're delighted you have decided to come and cheer in your rider as they arrive in Nice. The following information should help you plan your stay.

PART 1: ARRIVAL

Hotel Check-in Sat 13th July

Lou Castelet hotel, 728, route Départementale 1, 728 Rte Départementale, 06510 Carros

NB. Note that if you arrive early, the airport and train station are much closer to town and the beach than our hotel. You might consider going straight to a private beach for the day where you can store luggage and eat/drink/sunbathe/swim, before heading to our hotel in the late afternoon.

We don't have any specific recommendations but Plage les Canailles is the closest good option to the airport, Plage Beau Rivage is the furthest from the airport but closest to the old town (if you'd like to spend some time wandering in the morning market and around the lovely boutiques) and Ruhl Plage is one of the most famous if you'd like to do some people watching in the centre of the Promenade des Anglais.

From Nice airport:

Option 1: A taxi to the hotel will cost approx. 45-60 euros. The journey is 15-25 mins depending on traffic.

Option 2: Take a combination of tram/bus (there are many options that google maps will offer – all involve one change and all take you) to Pole Pierre Servella bus stop. This stop is 800m from our hotel (slightly up hill). This journey (including walk time) takes about an hour.

From Nice train station:

Option 1: A taxi to the hotel will cost approx. 50-75 euros.

Option 2: As above for the airport – google has all the public transport options. You'll need to change buses once en route to the Pole Pierre Servella bus stop.

Hotel check-in: is officially from 3pm. If you arrive early you may be able to get your room but if it isn't ready, you can store your luggage free of charge.

Your room will be booked under your name as part of the Le Loop reservation. If you have any problems with your check-in, please try Sarah on +44 7827 156930 (or if no reply call Kate on UK 0131 3000796, extension 2).

The cyclists will be out riding stage 19 and will arrive back at the hotel between 6 and 7.30pm ready for dinner at 8pm so until the buses bring the cyclists back, you're welcome to enjoy the hotel and pool or take a trip into Nice.

Dinner will be at 8pm: in the hotel with all cyclists and friends & family visitors.

After dinner, as always, there'll be a cyclist briefing about the next day and you'll hear any logistics updates for Sunday. Saturday's dinner is a chance for you to catch up with your cyclist and also to meet their new friends and the Le Loop team. We'll be tired and busy but also very excited to hear from the outside world (!) and happy to welcome you to our world.

Please don't feel like an outsider; join us, chat to us and get ready for a very fun day on Sunday!

PART 2: CHEERING

Sunday 14th July is a national holiday in France so please note that public transport timetables will be affected and most roads in the centre of Nice, including a long stretch of the Promenade des Anglais will be closed to vehicles.

We will cycle the time trial route in both directions; from our hotel to Monaco and then from Monaco back to Nice (and then the hotel), passing via the Promenade des Anglais (the beach front road), the port of Nice and the hill top village of Eze in both directions.

Cyclists will depart from the hotel at 8.00/8.30am...

Option A: Two cheers (car needed)

If you have use of a car and would like to make a tourist visit whilst seeing the cyclists, we suggest you drive to Eze where we will have a water stop at a lovely view point. The location is in the large layby next to the Hotel Eze Hermitage (1951 Av. des Diables Bleus, 06360 Eze) but please don't park in the layby next to our staff – there's a car park opposite and another 300m back along the road.

We expect the cyclists to be here at approx **9.30/9.45** and as it's a 30 min drive from the hotel, you have plenty of time to get there to see them pass through. Then you could walk 20 mins to the hilltop village for a visit (google "Eze village" to see what's on offer) before driving back to Nice meet the cyclists as they return home via the beach (see below).

Option B: One cheer (by public e-bike, car or public transport)

As the cyclists return to Nice via the Promenade des Anglais (the big road along the beach), we will stop and gather for celebratory photos and cold drinks at the Plage les Canailles (197 Prom. des Anglais, 06200 Nice). We expect the cyclists to be here **between 13.30 and 14.30**.

You can get here by bus from the hotel with one change (google will help) or by Lime city bike (you'll need the app – timed day passes are much cheaper than per journey) or a combination of the two. Alternatively the hotel can reserve a taxi for you. If you arrive by car, the closest car park is Parc Autos Californie (60 Av. de la Californie, 06200 Nice).

If you're using public transport and taking the "one cheer" option, we suggest you start the day by taking the bus to Nice old town or the pedestrian Rue Massena and then making your way back to the Plage les Canailles for 1.30 (which is 3km from the old town).

For up to date recorded information on timings, phone +44 7789 807906. The message will be updated every hour or so starting at 12 pm. PLEASE DON'T PHONE THE CYCLISTS: their information will be less accurate than the recorded message and they're too busy cycling anyway!

Both options: returning to the hotel

Once the cyclists have stopped & celebrated, they'll cycle the last 19km uphill back to our hotel. There's nothing to stop you using a Lime e-bike to join them but there will also be other friends & family to share taxis or bus rides with.

Once back at the hotel (approx. 4pm for both cyclists and cheerers) there'll be time for showers, making sure bikes are packed and stored in the right place and then the celebrations continue...

PART 3: EVENING PLANS

7 pm: Meet in the hotel reception. Coaches will take us to Chateau Bellet (15 mins drive) for our evening celebration dinner. Coaches will return to the hotel at approx. 11pm after the party.

PART 4: DEPARTURE

Monday morning breakfast in the hotel is included. The hotel check-out time is 12pm. See arrival notes for departure transport information.