



WILLIAM WATES  
MEMORIAL TRUST

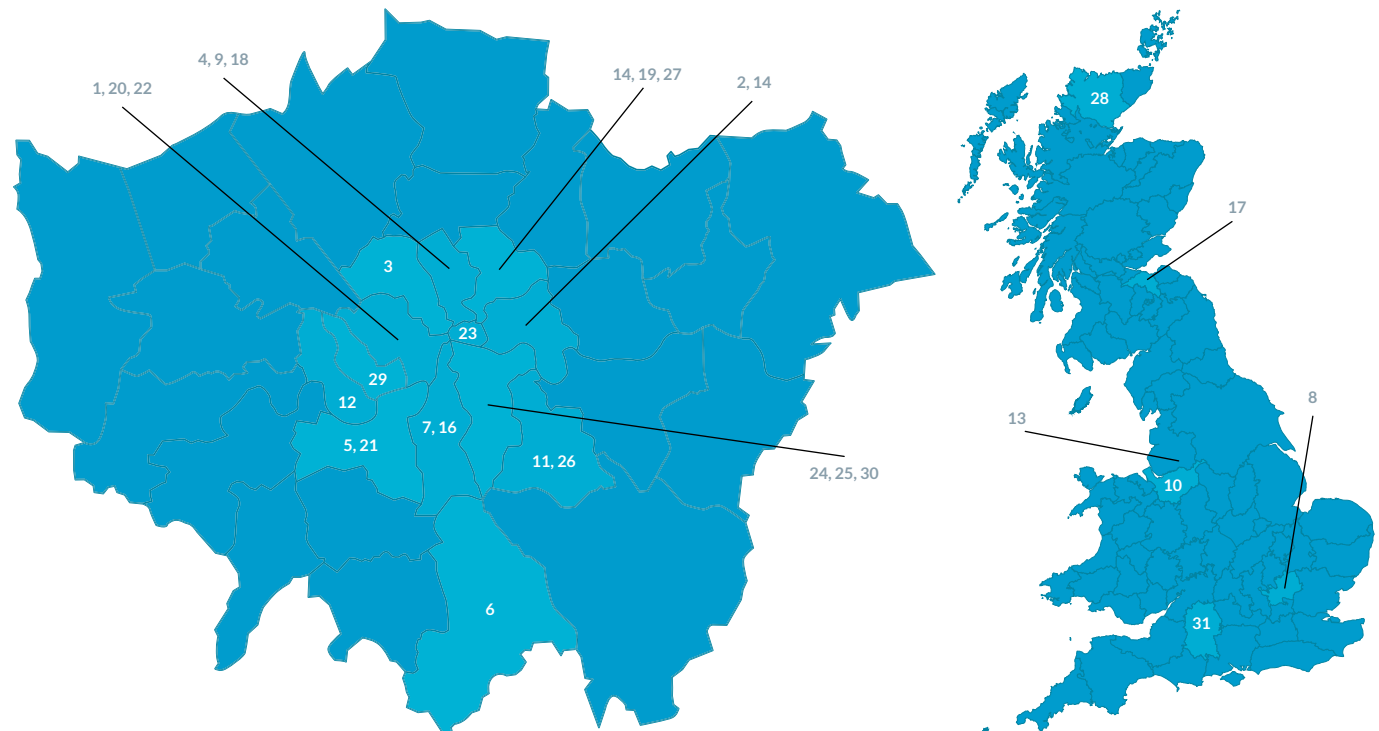
**Annual Review 2018**



The Trust is a grants giving registered charity set up in 1998 with a mission to help the most disadvantaged young people keep away from a life of crime and violence, and fulfil their potential. This is mainly achieved by supporting charities that engage young people through the mediums of sports, art and education.



Grants Paid by Location – 2018							
	Area	Organisation	Amount		Area	Organisation	Amount
1	Maida Vale	Abram Wilson Foundation	£25,000	17	Edinburgh	Pilton Youth and Children's Project	£10,000
2	Tower Hamlets	AccessSport	£24,468	18	Holloway	Prospex	£8,500
3	Camden	Art Against Knives	£8,000	19	Hackney	Reach Out Youth	£9,000
4	Islington	BIRD	£2,500	20	Westminster	Redthread Youth	£15,000
5	Battersea	Carney's Community	£15,000	21	Roehampton	Regenerate	£5,000
6	Croydon	Crystal Palace FC Foundation	£40,000	22	Milton Keynes	Ride High Limited	£65,000
7	Lambeth	Envision	£10,000	23	Kings Cross	Small Green Shoots	£8,980
8	Hertfordshire	GRIT (Youth at Risk UK)	£40,000	24	Southwark	Southwark Diocesan Welcare	£7,959
9	Islington	Islington Boat Club	£12,000	25	Southwark	Springboard for Children	£9,000
10	Cheshire	Just Drop-In (Established in 2001)	£5,000	26	Deptford	The AHOY Centre	£8,000
11	Lewisham	Lewisham Youth Theatre	£10,000	27	Hackney	The Hackney Pirates	£12,302
12	Shepherds Bush	London Sports Trust	£28,000	28	Sutherland	Tykes (The Young Karers East Sutherland)	£2,000
13	Manchester	Manchester Youth Zone	£9,000	29	Kensington	West London Zone	£40,000
14	Hackney	New Hackney Education Business Partnership Ltd	£9,885	30	Bermondsey	Yes Futures	£12,000
15	Newark	Newark Youth Community	£10,000	31	Wiltshire	Youth Adventure Trust	£8,000
16	Stockwell	Oasis Children's Venture	£9,660				





## Charities: A selection of our success stories

### Palace for Life Foundation

**Grant Amount: £80,000 over 2 years**

**Champion: Tim Wates**

Palace for Life Foundation, the official charity of Crystal Palace FC, has been working with the South London community for over 25 years and launched Breaking the Cycle in 2018 with the aim of reducing youth violence in the area.

The Foundation exists to leverage the power of football and Crystal Palace to change the lives of young people across South London, particularly the most hard-to-reach and hard-to-help, working with over 13,000 people each year

Targeting young people in areas of deprivation, the Foundation offers free sessions in sport and other activities, alongside pastoral support, to instil positive values and help prepare participants for a better life.

In 2018, the Foundation launched Breaking the Cycle, a targeted intervention programme aimed at reducing youth violence in South London. Working on a referral basis with those aged 8-19, Breaking the Cycle will offer one-to-one mentoring sessions as well as group work with the aim of turning young people away from crime.

Generous backing from the William Wates Memorial Trust means the Foundation will be able to reach twice as many young people with this innovative new programme over the next two years.



### Youth Adventure Trust

**Grant Amount: £24,000 over 3 years**

**Champion: Rick Wates**

Youth Adventure Trust take Year 7 to 9 pupils from Swindon and the Wiltshire area on a series of adventure camps and day activities that take place over 3 years.

They aim to help the young people they support by introducing them to outdoor adventure with a combination of outdoor residential adventure camps and day activities over a 3 school year period.

Through multiple touch points, the young people are given hope, confidence and skills to face their personal challenges which are often considerable.

### Newark Youth

**Grant Amount: £30,000 over 3 years**

**Champion: Tim Wates**

Newark Youth are an organisation using football and youth provision to improve the lives of disadvantaged children and young people. Their objective is to provide opportunities and experiences to keep 'at risk' young people safe and to steer them away from negative influences. Their activities enable young people develop their confidence, aspirations and lifeskills, and achieve accredited qualifications and transferable employability skills. They enable young people to become tolerant and engage in their community through volunteering and social action initiatives.



## Charities: A selection of our success stories

### West London Zone

**Grant Amount: £120,000 over 3 years**

**Champion: Andrew Wates**

West London is one of the most unequal areas in the UK and many children living in the 'zone' are at risk of unemployment, poor mental health and becoming involved in crime.

West London Zone aim to end the effects of generational inequality in one community. We believe the only way to achieve this – and to ensure our impact is sustainable – is to work from within the community itself.

This means they work with local schools, charities, and councils to identify children who are not well served by existing provision and are at risk of negative outcomes without early intervention.

There are currently 650 children and young people aged 3 to 16 participating in West London Zone across 23 local schools, ranging from nursery to secondary school.

With the help of their Link Workers, each child and their family co-designs a package of support from a wide-ranging partnership of local charities, tailored to their individual needs and strengths.

For at least two years, or longer if necessary, their Link Workers ensure that they stick with the support, and manage the delivery of that support from our partners.

As the children grow up, their progress is closely monitored to ensure they are on track to become happy, healthy and independent adults. If West London Zone can empower enough young people to live the kind of life they want, they will create a 'tipping point' and spark a permanent, positive change across their whole community.



### Abram Wilson Foundation

**Grant Amount: £50,000 over 3 years**

**Champion: Jonny Wates**

Founded in 2012, the Abram Wilson Foundation (AWF) is inspired by the late, great Abram Wilson and the values he embodied as both a critically acclaimed, award winning musician and an inspiring educator.

His legacy and spirit live on in the AWF work and those who are proud to have called him their teacher and mentor. In his short life, Abram achieved greatness.

The Foundation exists to help others do the same. They do this by supporting young people to become the greatest version of themselves through music.

In particular, they target disadvantaged young people between 11-16 years with a special focus on Years 7 and 8 and talented up and coming musicians in the early to mid-stages of their careers.

### Lewisham Youth Theatre

**Grant Amount: £30,000 over 3 years**

**Champion: Rick Wates**

Since 1987, Lewisham Youth Theatre has transformed young people's lives through theatre. They use free participatory drama projects to nurture and inspire young people's voices, helping them to develop enduring and transferable skills that lead to increased life chances and long term well-being.





## Charities: A selection of our success stories

### Oasis

**Grant Amount: £27,857 over 3 years**

**Champion: Jonny Wates**

Right Track Project, and its Youth Support and Training Programme 'Pit Stop', is a youth-led intervention aimed at supporting disadvantaged young people aged 13+, especially those involved in, or at risk of becoming involved, in gang/criminal activity.

With the primary focus on developing skills and opportunities through go-karting, Oasis offer a range of Training, Volunteering and Mentoring services specifically designed around the individual's needs and motivations.

Their aim is to support the young people in becoming more confident, self-aware and better connected to their community in an otherwise detached environment. Oasis deliver a flexible yet structured training

programme that promotes self-development and prosocial behaviour. Young people are taught how to mechanically maintain the petrol engine go-karts, either on a weekly basis or through a structured training programme in which they learn transferable skills - perfect for those who wish to pursue a career in mechanics, engineering or motorsport.

In addition to the mechanical training, they also train the young people as Track Marshals and Volunteers to become vital members of the team when delivering private sessions to young people of all ages and abilities.

Upon completion of the initial training programme, young people will also be able to receive additional support from a Mentor. The Mentor organises a range of workshops, trips and exciting activities as well as offering key signposting to other external services, encouraging further personal and professional development.



### Ride High

**Grant Amount: £130,000 over 2 years**

**Champion: Rick Wates**

Ride High is an exceptional charity set up to change the lives of disadvantaged children by giving them the opportunity to ride horses, build their self-esteem and confidence and improve their future prospects.

The William Wates Memorial Trust has given one of our largest ever grants to Ride High and is a proud supporter of the work they do.

We thoroughly enjoyed meeting some of the children it supports and hearing how Ride High is building the business of its commercial riding centre to fund a sustainable future for the charity.

### Grit

**Grant Amount: £120,000 over 3 years**

**Champion: Rick Wates**

For over 25 years, Grit (previously known as Youth at Risk), have been working with young people experiencing disadvantage and living in challenging circumstances in communities, schools, prisons and local authorities. Their premise is that when you change your thinking, you can change your world and their programmes are designed to do just that. They work with young people and the adults that support them, to change the way they think so that they can radically alter their outcomes in life.





## William Wates Memorial Trust Football Tournament

On 21st May we held a football tournament at Stamford Bridge to remember Will and to celebrate 20 years since the formation of the William Wates Memorial Trust. Will was a big Chelsea fan and it's rumoured that passion is shared by other family members! It was a repeat of the tournament we held at Stamford Bridge in 1998.

Sixteen teams entered for the chance to win the much coveted William Wates Memorial Trophy. All four of William's brothers entered teams as did Harry and Phoebe, his nephew and niece. There was good representation from Wates Group and teams formed by friends and family. All the teams had vocal support with them, creating a vibrant and noisy atmosphere. The format was five-a-side, so the hallowed turf was divided into quarters to accommodate four qualifying groups of four teams. Matches were seven minutes each way, which doesn't sound much but asked searching questions of the fitness level of many!

After many exciting matches, with the full spectrum of skills on display, the prestigious final was fought out between Wates Developments and Wates Smartspace. Will's Mum, Sarah Wates, presented the trophy to the winning Captain of the Wates Developments team and everyone went home happy - pleased to have had the chance to play at such an historic venue and to have remembered Will. Special thanks to Graeme Le Saux, who was so helpful in helping to make the whole event possible.



## Le Loop Tour Report 2018



With a stunning coastal Grand Depart, our first weekend of the Tour had a holiday feel, and temperatures that made that Atlantic look all the more welcoming – but we had some cycling to do! These first 2 stages were the perfect opportunity for less experienced riders to join the peloton for a big challenge. In particular we were delighted to welcome back the Alitex Team for their 3rd Tour with us, proving that you don't have to be a mad keen roadie when you sign up to Le Loop ... but with sensible preparation and a big heart, it's still possible to ride a couple of stages of the Tour de France!

North we continued, in slightly cooler (and occasionally damper) weather, through Brittany, which was shown in all its glory. There's a reason this part of France has a strong cycling culture; the roads are glorious! During these stages, it was noticeable how strong the camaraderie had become. The 'class of 2018' proved to be one of the most welcoming, supportive, inclusive and delightful groups, remarked upon by all.

A small group of game Loopers joined us for a weekend of flattish and charming northern French countryside, paying homage to Roubaix as we reached the daunting, but ultimately satisfying cobbles of stage 9 before our first rest day.

Beholden as we are to the route designed by A.S.O, who organise the pro tour, our rest day was dominated by a long train and coach transfer to the Alps, but at least the legs got a rest!

This rest day welcomed a big group of new Loopers, as well as our first charity visitors (William and Jordan from Regenerate), eager to tackle the 3 big Alpine stages. Sun and blue skies showed off the stunning mountains in all their glory. These were gruelling but beautiful stages that would really test our mettle, but fortunately we had the luxury our aching limbs needed with two particularly fabulous hotels in La Rosiere and Alpe d'Huez.

Stages 10 and 11 were everything you'd hope for; dramatic, beautiful and exhausting (!) – but the memories that stick with us from these days in the Alps are the fun, chat and amazing feedstops

as our Le Loop peloton laughed their way up and down the spectacular Alpine roads. What a way to experience climbs (such as La Rosiere) that would prove to be so pivotal in the pro race one week later!



Their culmination in stage 12 ensured that this would be 3 days of riding that would never be forgotten. It took us on a true cycling journey; the infamous Col de la Madeleine, the alarming switchbacks of Les Lacets de Montvernier, then Col de la Croix de Fer and ultimately, the iconic 21 hairpins of Alpe d'Huez. We had our longest day ever on tour, with our final heroic riders pedalling into the hotel at 1am, having started riding at 8am. Determination like that is quite something to witness and all our riders did themselves proud that day.

Next we headed South into the Cevennes and on through the Massif Central, enjoying beautiful villages, vineyards, sunflower fields and gorges. It's easy for others to overlook these middle mountain stages but for us the beauty of the tour lies in the hidden corners of France that are best viewed from a bike. Stages 13, 14 and 15 which took us to our second rest day in Carcassonne were a joy from beginning to end and left us smiling from ear to ear: pure, southern French, cycling joy!

**Read the full report at <http://ddc.cr/tour-report-2018>**



## Andy Smith on Le Loop 2018

When I signed up for Le Loop, I didn't even have a road bike. An "intermittent" mountain biker in my younger years, I had completed LEJOG in my twenties, so where I had an idea of what a long day in the saddle looked like, I had no mountain experience. Knowing I was up against it, I borrowed a bike from a friend and got some serious training miles in.

I had become very unhealthy, and having turned some self-harmful behaviours around, I was looking for an avenue to continue my journey and see how far I could actually push myself. After all, if I had achieved something I previously thought to be impossible, what else had I talked myself out of?

When I got the confirmation I'd got my place to ride Le Loop, I didn't know whether to laugh or cry!

Riding Le Loop was arguably the most rewarding, challenging, life-affirming and enjoyable thing I have ever done. Each day brought a new challenge, and I soon learned the hardest days were not necessarily the ones you anticipated. I had expected to be at the back and riding solo most of the time. Being inexperienced at group riding, I hadn't really considered the beauty of the teamwork in a peloton and the companionship I would encounter on the road. Turns were taken at the front, encouraging words were given and received, and friends were made for life.

I did video blogs as I went, and shared my journey honestly, developing a surprisingly enormous following as I went. People saw me laugh, cry, celebrate, beat myself up, marvel at my own achievements and they watched an overweight 50-something who has battled alcohol addiction for most of his life transform and blossom into something approaching a competent cyclist. I lost over 30lbs in training for Le Loop and a further 14lbs on the road, while all my health issues have been resolved.

What did Le Loop teach me? It taught me the value of patience and the ability to endure – big goals are achieved in smaller chunks and the game is won and lost in your head.

The organisation of the event was extraordinary, and at times the schedule was brutal with transfers to starts / hotels at times being as tough as the pedalling. The whole thing was faultless, and the Le Loop team were genuinely unbelievable, they were supportive, patient, encouraging and supremely effective at making sure that things happened when they were supposed to.

But for me, Le Loop was about the "moments" I will treasure for the rest of my life:

- Playing like children with fellow riders in a water fountain on the Lacets de Montvernier.
- Hearing a fellow Grand Looper describe us as 'like an old married couple' to another cyclist

- Shouting and swearing alone at myself on a climb only to look round and find an 80 year old French cyclist tucked on my wheel shaking his head in despair at me.
- Staring at Strava in amazement at my record descents of the Mur de Bretagne & Col de Portet and realising Isaac Newton was right about gravity when you weigh 100Kg
- Sharing a hug with a fellow Looper in the rain at the top of the Tourmalet who had just laid some demons to rest
- Getting a text message chasing me for my blog because "their kids were waiting for today's update".

I now help people with alcohol issues and for sure completing Le Loop achieved my objective of portraying a positive image of life without a glass in your hand. I am fitter, stronger, healthier, and have a genuine knowing that my limits exist only in my head. I have signed up to do the Mallorca 312KM sportive in April with a bunch of fellow loopers and frankly cannot wait to see them all again. We are also looking at the three ascents of Ventoux, and I am planning to recruit some friends to do a few stages of Le Loop in the mountains too. I have another Le Loop in me without doubt, but not next year.

Andy Smith



## William Wates Memorial Trust 20th Anniversary Dinner

In March 2018 the Trustees hosted a dinner in Central London to celebrate the 20th anniversary of the William Wates Memorial Trust.

In the room were 40 guests who between them had raised over £400,000 in Will's name. We can't think of a better way to celebrate Will's life than supporting charities who help young people stay away from a life of crime and violence.

The dinner was great fun with many stories told of epic climbs, long hot days on the bike, gorgeous hotels, awful hotels, cobbles, wind, rain and bonding in joy and adversity. Most of all wonderful memories of camaraderie and great achievements with a marvellous group of people.

We couldn't do it without all of our very generous fundraisers and remain exceptionally grateful for your ongoing support.





Will's Mother and Father, Sarah and Andrew; Brothers, Tim and Rick; Sister in law, Minnie; and nieces Polly, Maia, Lala, Georgie and Issy visited Ride High (£130,000 over two years).

## The Trustees

The Trustees of the William Wates Memorial Trust are the parents and brothers of William and are advised by Sue Laing, who is an independent Trustee.

The Trustees take on projects as "champions" and oversee them from start to finish. As such we are lucky enough to get to know the charities we support very well and have gained an excellent insight into what works in our chosen sector.

We don't have any direct employees and therefore have low overheads. This means the vast majority of the funds we raise go to the charities we support.

## Who we can help

The objective of WWMT is: To encourage disadvantaged and vulnerable young people away from anti-social behaviour and criminal activity, enabling them to fulfill their potential. If you know of a charity that fits our criteria please do get in touch. We would be delighted to get an application from them.

To view our criteria go to: [www.wwmt.org/whowecanhelp](http://www.wwmt.org/whowecanhelp)

## Donate Now!

The trust relies on your donations to be able to continue to support amazing projects like these.

If you would like to support us please contact us to discuss or visit the website at [www.wwmt.org](http://www.wwmt.org)

Any support is hugely appreciated. Thank you.



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